

# MCG FRESH

## LOCATIONS

### Ponsford

Food 1-31, Food 1-32, Food 2-36,  
Food 4-34, Food 4-36

### Members

Food B-44, Food 1-41, Food 4-45

### Olympic

Food B-54, Food 1-56, Food 2-51,  
Food 4-55

### Shane Warne

Food 1-06, Food 1-13

### AFL

Food 1-20

FRUIT SALAD (V) 8.5

RICE PAPER ROLLS 12

HAM & SALAD SANDWICH 14

CURRIED EGG  
& LETTUCE SANDWICH (V) 13

AVOCADO & SALAD GF  
VEGAN WRAP (GF) (V) 14.5

CHICKEN CAESAR WRAP 14

PULLED PORK WRAP 14

SALMON POKE BOWL 15

ADOBO CHICKEN SALAD 15

SUPERFOOD SALAD (V) 14

